



Gluten-Free Menus



**Lovin'
Spoonfuls**

**Vegetarian
Restaurant**

**100% Plant-Based
Cholesterol-Free
Cruelty-Free**





About Our Gluten-Free

All items on our regular menus for breakfast, lunch and dinner are now clearly marked as to whether they are gluten-free or can be made gluten-free. Please click on each of our regular menus to see the gluten-free items. Just look for the (GF) next to the gluten-free selections on each menu.

Please note that items that are fried are prepared in a fryer that is shared with gluten-containing food.

Although we exercise extreme caution in preparing gluten-free food, the entire kitchen is not gluten-free and inadvertent cross contamination is possible.

We make our own fabulous gluten-free bread!

